

FAQ : Super Fitness Schools

Course Overview & Learning:

1.What makes this course different from other certifications ?

Most certifications focus on months of theory. This is a 7 day, fully practical course designed to make you job ready through hands on learning rather than just classroom study.

2. What will I learn in the 7 days ?

The Curriculum covers **3 main core pillars**:

- How to train clients to get real results
- How to perform assessments and program workouts
- How to effectively sell and convert personal training clients.

3.What is the daily schedule ?

The course runs from **10:30 AM to 4:00 PM** each day.

4.In what languages is the course available?

We offer the course in Kannada,Telugu, Tamil And English.

5.What sets this apart from the other certifications ?

There are multiple courses available that give you conceptual knowledge but this is the one that will act as a PT bible. All concepts need application which even with multiple specialisations people fail to get. This 7day course will be a one stop fix.

Careers & Placements:

6.Will I get a job after the course ?

Yes, we conduct a placement drive immediately after the course concludes.

(Note: To be successfully selected during the placement drive, trainers are required to pass both the theory and practical evaluations conducted by the hiring gym chains.)

7. Where will I be placed ?

You will have the opportunity to be placed in top gym chains across India, where trainers earn top level income rather than average salaries.

8. What is the placement process ?

After the course, you have two days of preparation time. The placement drive is conducted immediately after, and you must attend physically to be hired.

Fees & Registration:

9. How much does the course cost?

For **Bangalore** candidates: **₹15,000** for the course.

10. What payment options are available?

We accept UPI, Credit Cards, and Debit Cards. Credit card EMI options are also available.

11. Are there any extra benefits included?

Yes, you receive **free trainer goodies worth ₹3,500**, including a Practical Handbook , a Personal Training Diary , and a Super Fitness T-shirt.

(Note: You will be required to wear the Super fitness T-shirt for the Placement drive)

12. When does the next batch start?

The upcoming batch starts on **May 4th**. Slots are limited, and registrations close once they are full.

13. Can I attend this course online?

Yes, you can. However, the online format is a live broadcast of the physical session. You will be on a call with the instructors and students, watching a live telecast of the practical training as it happens.

