

FAQ : Super Fitness Schools

Course Overview & Learning:

1.What makes this course different from other certifications ?

Most certifications focus on months of theory. This is a 7 day, fully practical course designed to make you job ready through hands on learning rather than just classroom study.

2. What will I learn in the 7 days ?

The Curriculum covers **3 main core pillars**:

- How to train clients to get real results
- How to perform assessments and program workouts
- How to effectively sell and convert personal training clients.

3.What is the daily schedule ?

The course runs from **10:30 AM to 4:00 PM** each day.

4.In what languages is the course available?

We offer the course in Kannada,Telugu, Tamil And English.

5.What sets this apart from the other certifications ?

There are multiple courses available that give you conceptual knowledge but this is the one that will act as a PT bible. All concepts need application which even with multiple specialisations people fail to get. This 7day course will be a one stop fix.

Careers & Placements:

6.Will I get a job after the course ?

Yes, we conduct a placement drive immediately after the course concludes.

(Note: To be successfully selected during the placement drive, trainers are required to pass both the theory and practical evaluations conducted by the hiring gym chains.)

7.Where will I be placed ?

You will have the opportunity to be placed in top gym chains across India, where trainers earn top level income rather than average salaries.

8.What is the placement process ?

After the course, you have two days of preparation time. The placement drive is conducted immediately after, and you must attend physically to be hired.

Fees & Registration:

9.How much does the course cost?

- **For outstation candidates: ₹25,500 total**, which includes the course fee (**₹15,000**) **plus accommodation and food (₹10,500)** for 7 days.

10.What payment options are available?

We accept UPI, Credit Cards, and Debit Cards. Credit card EMI options are also available.

11.Are there any extra benefits included?

Yes, you receive **free trainer goodies worth ₹3,500**, including a Practical Handbook , a Personal Training Diary , and a Super Fitness T-shirt.

(Note: You will be required to wear the Super fitness T-shirt for the Placement drive)

12.When does the next batch start?

The upcoming batch starts on **May 4th**. Slots are limited, and registrations close once they are full.

13. Can I attend this course online?

Yes, you can. However, the online format is a live broadcast of the physical session. You will be on a call with the instructors and students, watching a live telecast of the practical training as it happens.

